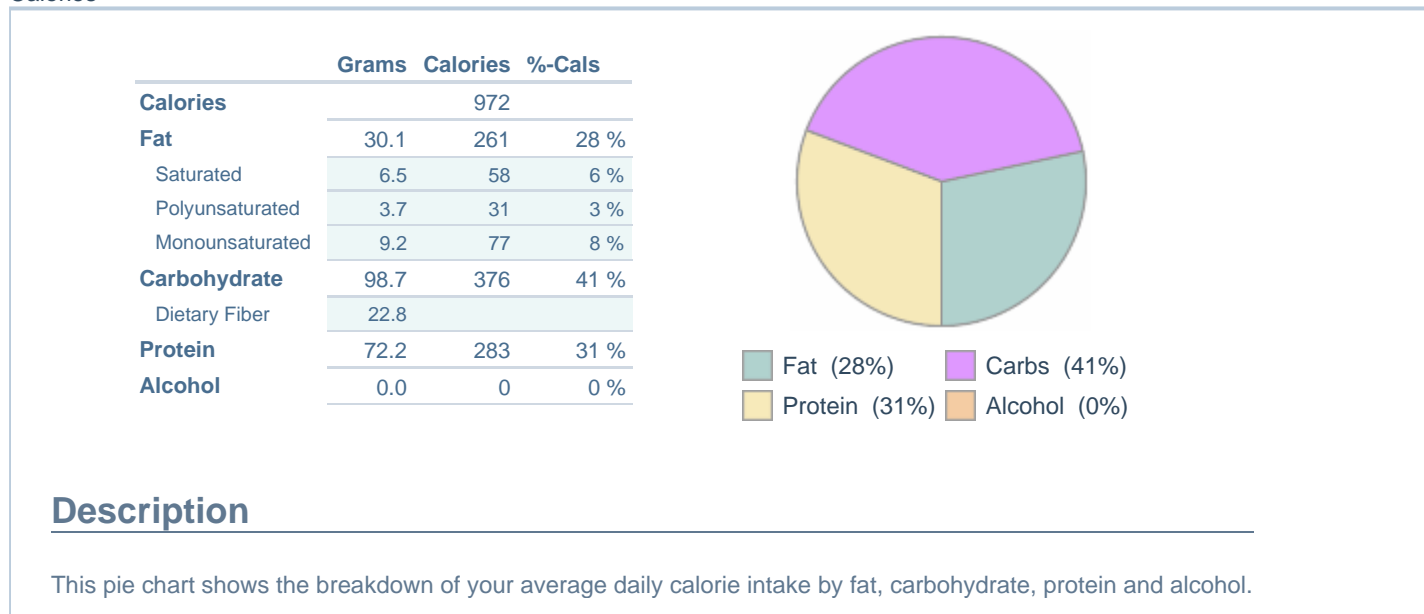




Food Name	Amount	Unit	Cals	Fat (g)	Carbs (g)	Prot (g)	Delete
<b>Total</b>			<b>972</b>	<b>30.1</b>	<b>98.7</b>	<b>72.2</b>	
Teriyaki Beef Steak Nuggets	1	serving	70	1.0	5.0	10.0	
Tea, herbal	2	mug (8 fl oz)	5	0.0	0.9	0.0	
Apple, raw	1	medium (2-3/4" dia) (approx 3 per lb)	72	0.2	19.1	0.4	
Banana, raw	0.5	medium (7" to 7-7/8" long)	53	0.2	13.5	0.6	
Hunter's Club Unwich - No Mayo, No Cheese	1	serving	177	5.9	3.4	30.5	
Boca Burger	1	serving	120	5.0	6.0	14.0	
Mozzarella Cheese - 2% (ht)	0.5	oz	35	2.0	0.5	4.0	
Sandwich Thins - Multi-Grain	1	serving	100	1.0	22.0	4.0	
Cucumber, raw	5	slice	4	0.1	0.8	0.2	
Tomatoes, raw	6	cherry	18	0.2	4.0	0.9	
Apple, raw	4	slice	35	0.1	9.4	0.2	
Lettuce, green leaf, raw	0.5	cup shredded	3	0.0	0.5	0.2	
Nuts, almonds, blanched	1	oz	165	14.4	5.7	6.2	
Bud Light Lime	1	serving	116	0.0	8.0	1.0	
<b>Total</b>			<b>972</b>	<b>30.1</b>	<b>98.7</b>	<b>72.2</b>	

### Calories



### Description

This pie chart shows the breakdown of your average daily calorie intake by fat, carbohydrate, protein and alcohol.

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